

Judo Ontario Concussion Policy

Approval Authority	Board of Directors	June 25 th , 2023
Next Review		2024



POLICY STATEMENT

- 1. Judo Ontario is committed to ensuring the safety of Participants in its activities. Judo Ontario recognizes the increased awareness of concussions and their long-term effects and believes that prevention of concussions is paramount to protecting the health and safety of Participants.
- 2. Judo Ontario has adopted Judo Canada's concussion policy, reporting tools and return to play protocols. Details of these policies are on the Judo Canada website and linked from the Judo Ontario website.
- 3. This Policy is intended to be compliant with Ontario's Rowan's Law (Concussion Safety), 2018. If any provision of the policy is in conflict with Rowan's Law, the legislation shall take precedence.

YEARLY REQUIREMENTS

- 4. When an individual under the age of 26 years old registers with Judo Ontario, the individual must confirm that they have reviewed concussion awareness resources within the past 12 months.
- 5. Individuals under the age of 26 years old must also sign the Judo Ontario Concussion Code of Conduct (Judo Ontario Concussion Code of Conduct Athletes)
- 6. For athletes younger than 18 years old, the athlete's parent or guardian must also provide confirmation that they have reviewed the concussion resources and signed the Concussion Code of Conduct.
- Coaches, officials and team trainers must provide confirmation that they have also reviewed the concussion resources and sign the Concussion Code of Conduct; but not if they will be interacting exclusively with athletes who are 26 years old or older (<u>Judo Ontario - Concussion Code of Conduct -Coaches/Parents</u>).