



Judo Ontario Emergency Medical Response Policy

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| Approval Authority | Board of Directors | June 25 th , 2023 |
| Next Review | 2026 | |



POLICY STATEMENT

1. At Judo Ontario competitions, medical first responders should at all times be near to the mat areas during competition, and be prepared and equipped to respond to medical emergencies.
2. Judo Ontario expects that an Emergency Medical Response Plan be in place at all judo competitions. Competition organizers have a responsibility to ensure a safe environment for participating athletes, and should have a clearly documented plan in place to deal with the full spectrum of medical emergencies.
3. Knowing what to do in an emergency situation is the key component to ensuring that the situation is handled appropriately.

GUIDELINES

4. Knowledge saves lives. A typical event emergency medical plan should reference the following:
 - Determine who is in charge in case of an emergency with clear and defined roles and responsibilities and ensure these roles are understood by all involved, including coaches, officials, team managers and volunteers.
 - Have cell phones or 2 way radios at mat surface, with fully charged batteries.
 - Designate in advance a call person: the person who contacts medical authorities and otherwise assists the medical personnel in charge.
 - Ensure the designated call person can give emergency vehicles precise instructions to reach the location or site of the medical emergency.
 - Identify possible emergencies that may occur.
 - Ensure that event volunteers know what to do in case of a medical emergency.
 - Ask the host venue for a copy of their emergency response plan and be knowledgeable of the content including the roles and responsibilities of the venue emergency coordinator, the location of first aid and emergency equipment, evacuation procedures etc.
 - Post clear instructions on how and when to contact emergency personnel and emergency services.
 - Have a First Aid Kit accessible and properly stocked at all times.
 - Determine who is responsible for contacting parents, legal guardians or next of kin following an incident.
 - Determine who completes incident report forms and processes.