

JUDO ONTARIO

# VETERAN'S TRAINING



Weekly training sessions for veteran athletes. This Judo Ontario program targets male and female members in the veterans age group. Veterans interested in getting together for extra training, exercise and learning are invited to join.

**ELIGIBILITY:** Male and female athletes born in 1992 and before, green belt and up

**WHEN:** Fridays 5pm-6pm

(starting September 8, 2017)

**WHERE:** Toronto Pan Am Sports Centre

875 Morningside Ave., Toronto  
M1C 0C7

**COST:** \$100.00 per season  
(September to June)



For more information,  
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