



Judo
Ontario
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2018 - 2019

Judo Ontario



TOURNAMENT STANDARDS

Effective September 1, 2018 - August 31, 2019

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TOURNAMENT DEFINITIONS

The three types of tournament covered in this sanctioning document are **CLUB–A, B, and C**. National level tournaments are hosted by Judo Canada and Provincial level tournaments are hosted by Judo Ontario and as such do not require further Judo Ontario sanctioning.

CLUB–A TOURNAMENTS: (Commonly referred to as “annual” tournaments) are:

- Sanctioned by Judo Ontario but hosted and run by Judo Ontario member clubs.
- Only open to full-membership, registered competitors in good standing with Judo Ontario, or with another provincial/territorial association recognized by Judo Canada, or with an IJF recognized association.
- Open to yellow belts and up.
- Considered “open” tournaments whereby any person meeting the above criteria is welcome to compete.
- Bound by the Judo Ontario Standards policy as it pertains to CLUB–A TOURNAMENTS.
- Pointable.

CLUB–B TOURNAMENTS: (Commonly referred to as “monthly” or “developmental” tournaments)

are:

- Sanctioned by Judo Ontario but hosted and run by Judo Ontario member clubs.
- Only open to full-membership, registered competitor in good standing with Judo Ontario or another provincial/territorial association recognized by Judo Canada, or an IJF recognized association.
- Not open to current or former national level competitors.
- Restricted to a maximum belt rank of IKKYU (brown belt). Beginner (white belt) competitors limited to skills-based activities.
- Considered “open” tournaments whereby any person meeting the above criteria is welcome to compete.
- Bound by the Judo Ontario Standards policy as it pertains to CLUB–B TOURNAMENTS.
- Not pointable.
- Limited to a maximum of 100 competitors.

Club--C TOURNAMENTS: (Commonly referred to as "In-House" or "Invitational/Closed" tournaments)

are:

- Sanctioned by Judo Ontario but hosted and run by Judo Ontario member clubs.
- Only open to full-membership, registered competitor in good standing with Judo Ontario or another provincial/territorial association recognized by Judo Canada, or an IJF recognized association.
- Not open to current or former national level competitors.
- Restricted to a maximum belt rank of IKKYU (brown belt). Beginner (white belt) competitors limited to skills-based activities.
- Considered "invitational" / "In House" tournaments.
- Not pointable.
- Limited to a maximum of 60 competitors

FAILURE TO OBTAIN A JUDO ONTARIO SANCTION

Failure to obtain a Judo Ontario Sanction is a very serious offense. Failure to obtain a sanction puts Judo Ontario, the host club, the referees, the athletes and the coaches in jeopardy of a law suit if any injury occurs during the competition.

Therefore:

First offense:

- A fine of \$500 will be levied against the host club payable to Judo Ontario within one week of the notice being sent. See the suspension of Judo Ontario membership (of the dojo shu) as described under section 3.7.1(d) of the constitution regarding delinquency of fines.
- The host club will provide Judo Ontario with a list of all participants including their Judo Ontario or Judo Canada membership number in the unsanctioned event--specifically, athletes, their coaches, minor officials and referees.
- Failure to pay the fine in a timely fashion will result in the dojos and the dojo having their memberships suspended from Judo Ontario until the fine is paid.
- A letter will be sent to all participants in the unsanctioned event notifying them that their membership in Judo Ontario is at risk for having participated in the event.

Subsequent offenses:

- The **host club** and its **dojos** will have their membership in Judo Ontario revoked for the remainder of the year the event took place plus one (1) year beginning the following September.

Referees and Athletes

- Referees and athletes who knowingly and subsequently participate in unsanctioned events will have their membership revoked for one (1) full year from the date of the event.

In the case of an injury occurring:

In the case where a club does host an unsanctioned tournament and there is an injury which does proceed to personal injury litigation, that dojo's club membership and the dojo shu's membership will be immediately revoked until further notice. Similarly, any parties (both plaintiff and defendants) will have their memberships suspended pending the outcome of the litigation at which time, a fine will be assessed based on what harm the litigation may have caused Judo Ontario. The non-payment of this assessed fine will then fall into the same section 3.7.1(d) as above.

It should be noted:

"Failure to obtain a Judo Ontario Sanction is a very serious offense. Failure to obtain a sanction puts Judo Ontario, the host club, the referees and the athletes at risk of being personally liable for any injuries that may occur at the unsanctioned event. Personal injury cases can range well into six- and seven-figure awards from courts. Judo Ontario's insurance policy, which does not cover unsanctioned events, will help protect Judo Ontario, the host club, the referees and the athletes from being liable for such damages. Knowingly participating in an event that is not sanctioned and where an injury occurs will likely draw the host club, any referees, athletes and coaches involved into personal injury litigation. This will cost much time and money, especially on retaining counsel (likely hundreds of dollars per hour) to represent you - and this is all before the large award that may even include compensation for wages lost which can amount to significant sums on that alone. It is simply wiser, easier and more efficient to ensure that the event that you host or participate in is a sanctioned one - look for "sanctioned by Judo Ontario" in the technical package and if you cannot find it, then ask. If the answer is not to your satisfaction, then don't go."

Judo Ontario cannot sanction an event that does not meet sanctioning requirements. If your event sanctioning is refused, and you feel it should be approved, you may appeal the decision in writing directly to the Sport Director at Judo Ontario, 875 Morningside Ave, Suite 2040, Toronto, Ont. M1C 0C7. Please include event details.

TOURNAMENT STANDARDS

Where there are differences between Club A and Club B tournaments, those differences will be clearly noted.

MAJOR OFFICIALS

TOURNAMENT DIRECTOR

The Tournament Director is responsible for all aspects of running the tournament where those aspects do not conflict with the roles of Chief Tournament Official and Chief Tournament Referee including but not limited to:

- Obtaining a Judo Ontario Sanction.
- Preparing the tournament flyer/technical package.
- Providing a tournament venue that meets the necessary standards set out in this document.
- Obtaining and paying for qualified medical personnel.
- Renting equipment from Judo Ontario where necessary, including mats.
- Arranging transportation of rented mats to and from the tournament venue.
- Unloading and laying down of rented mats.
- Washing the entire mat surface in the tournament venue prior to the tournament opening.
- The set-up of the tournament venue so as it complies with the terms of sanction and tournament standards set out in this document.
- Providing enough volunteers to ensure the smooth running of the tournament. Volunteers should be members of Judo Ontario. Volunteers working in close proximity of the competitors (i.e. weigh-ins) must undergo a vulnerable sector screening police check.
- The registration of competitors.
- Confirm all competitors' eligibility to compete as it pertains to membership and rank.
- The Tournament Director must restrict from competition Judo Ontario members who fall into these membership categories: Recreational, Trial, Eclipse, City and School members.
- Providing meals, snacks & beverages for the referees, officials, medical staff and volunteers.
- Under supervision of the Chief Official; the reloading of the mats on the Judo Ontario trailer in the prescribed order as set forth by Judo Ontario.
- The Tournament Director will make the draw sheets and registration forms available for inspection by the Chief Official upon request.
- The Tournament Director must refund the registration fee of any athlete for whom there is no other competitor in his/her division.
- The Tournament Director must have a sokuteiki available for judogi control.
- The Tournament Director is responsible for the return, in good working order, of all Judo Ontario equipment.
- Mat equipment boxes will be inventoried and correctly packed at the end of all tournaments.
- The Tournament Director is responsible for the replacement of any equipment belonging to Judo Ontario that is damaged or lost.

AUTHORITY

The Tournament Director has the authority to:

- Refuse the registration of any athlete whose entry form is incomplete and/or does not comply with all Judo Ontario standards.

RESTRICTION

- The Tournament Director cannot act as either Chief Tournament Official or Chief Tournament Referee.

CHIEF TOURNAMENT OFFICIAL

The Chief Tournament Official will be appointed by the Vice President Competitions.

The Chief Tournament Official whenever possible should not be a member of the host club, nor may he have any interest in the host club or its members.

Shall be a mature and experienced Judoka and Member in good standing who understands the tournament sanction policy

The Chief Tournament Official represents Judo Ontario. The Chief Tournament Official is responsible for the supervision of the tournament; for the safety of the competitors, tournament officials and spectators. The Chief Tournament Official will:

- Have a current copy of National Sports Organization document, Judo Canada: Tournament Policy—Standards and Sanctions, available at the tournament.
- Have a current copy of Provincial Sports Organization document, Judo Ontario Tournament Standards and Tournaments Sanction Policy, available at the tournament.
- Undergo a site inspection prior to the tournament commencement to ensure that it is safe and complies fully with the Judo Ontario standard.
- Inform the Tournament Director of any safety deficiencies and have them corrected prior to the start of the tournament. This will be a part of the Chief Tournament Official's tournament report.
- Monitor the tournament for safety issues and rule compliance.
- Ensure the tournament is conducted according to the NSO and PSO rules and standards.
- Approve and sign off on all draw sheets. The Chief Tournament Official may appoint a referee (Provincial A or above) to act in his place for this duty.
- If mats were rented from Judo Ontario, supervise the loading of the mats at the conclusion of the tournament.
- Write and submit a post tournament report and forward it to Judo Ontario within 14 days of the tournament.

AUTHORITY

The Chief Tournament Official has the authority to:

- Put on hold a tournament that does not comply fully with the safety standards in the NSO/PSO rules.
- Shut down a tournament at any time, if the safety of the competitors is in question. The tournament will only resume once all deficiencies have been addressed to the Chief Tournament Official's satisfaction.
- Examine the draw sheets at any time.
- Remove from the tournament venue any individual whose behavior is deemed contrary to the Judo Canada code of conduct.

Refereeing concerns and the administration of the tournament are not the concern of the Chief Tournament Official unless they impinge on the safety of the competitors, tournament officials or spectators.

Concerns must be referred by the Chief Tournament Official to the Tournament Director or appropriate tournament official to be addressed. The Chief Tournament Official should not himself make the necessary corrections.

ACCOUNTABILITY

The Chief Tournament Official is accountable to the Corporation of Judo Ontario and its Board of Directors.

CHIEF TOURNAMENT REFEREE

The Chief Tournament Referee will be appointed by the Chief Referee of Ontario.
The minimum PSO standard for Chief Tournament Referee is Provincial "A" referee.

The Chief Tournament Referee will:

- *Ensure that the IJF Refereeing Rules and Judo Canada (NSO) & Judo Ontario (PSO) regulations/modifications are applied consistently and correctly throughout all matches.*
- In consultation with the Chief Referee of Ontario and the Tournament Director, determine and set the minimum referee credential for the tournament for which he/she has been appointed.
- Check the credentials of all participating referees to see that they are members in good standing with their provincial organization or its equivalent in the case of foreign referees.
- Make a roster list of all participating referees which includes the referees' full name, club, rank, and referee accreditation.
- Appoint and oversee the Mat Chiefs.
- Prepare the referee teams for the tournament, and as the tournament progresses, make adjustments to the teams as necessary.
- Inform the Chief Tournament Official of any safety issues that need rectifying and will immediately halt any match affected by the safety issue until the deficiency has been corrected.
- Inform the Chief Tournament Official of unsafe and/or inappropriate behavior of spectators, coaches and competitors and will recommend the action that he/she thinks is necessary to correct the situation.
- Counsel individual referees and/or teams when they have made an error in judgment or application of the rules and will make recommendations to the referees and/or teams to correct these errors.
- Write and submit a post tournament report of the refereeing activities including a roster of attending referees to the Chief Referee of Ontario within 14 days following the tournament.
- Recommend to the Chief Tournament Official that he/she remove from the tournament venue any individual whose behavior is deemed contrary to the Judo Canada code of conduct.

AUTHORITY

The Chief Tournament Referee has the Authority to:

- Determine which referees will be allowed to referee at that tournament.
- To remove a referee whom he/she deems is not refereeing up to Judo Ontario standards.
- To make adjustments to the refereeing teams as he deems necessary.

ACCOUNTABILITY

The Chief Referee is accountable to the Corporation of Judo Ontario and its Board of Directors.

MAT CHIEFS

Mat Chiefs for each tournament will be appointed by the Chief Tournament Referee. The minimum PSO standard for a Mat Chief is Provincial "A" referee.

A Mat Chief's responsibility is to administer and supervise the referees on his/her mat. A Mat Chief will:

- Ensure that the IJF Refereeing Rules and Judo Canada (NSO) & Judo Ontario (PSO) regulations/modifications are applied consistently and correctly throughout all matches
- Counsel individual referees and/or teams when they have made an error in judgment or application of the rules and will make recommendations to the referees and/or teams to correct these errors.
- Inform the Chief Tournament Official or Chief Tournament Referee of any safety issues that need rectifying, and will immediately halt any match affected by the safety issue until the deficiency has been corrected.
- Inform the Chief Tournament Official or Chief Tournament Referee of unsafe and/or inappropriate behavior of spectators, coaches and competitors and will recommend the action that he/she thinks is necessary to correct the situation.
- Recommend to the Chief Tournament Official that he/she remove from the tournament venue any individual whose behavior is deemed contrary to the Judo Canada code of conduct.

DRAW MASTER

The Draw Master for each tournament will be appointed by the Tournament Director. The Draw Master will:

- Oversee the preparation of all draw sheets.
- Ensure that the IJF / Judo Canada (NSO) & Judo Ontario (PSO) rules are applied consistently and correctly throughout all divisions.
- Sort the entry forms by sex, age, belt level, and weight divisions according to Judo Canada's standards.
- Check for a release form signed by the athlete or by a parent/guardian of an athlete under the age of eighteen (18). All consent forms must be completed and signed by the appropriate adult before the competitor may be placed in a division. A coach may not sign the release form unless he/she is also the parent/guardian of that athlete.
- Organize each division, where possible, in such a manner that competitors in the first round will compete against competitors of a different club or region.
- Will clearly mark on the draw sheets the rule restrictions governing all divisions with particular attention to U8, U10, U12, U14, and U16 divisions.
- Make sure that **newaza** draw sheets are clearly identified.
- If it proves impossible to place a competitor in a standard division or combined division; recommend to the Tournament Director that a refund be given.
- Ensure that all made-up divisions have the written approval of the Chief Tournament Official.

CHIEF MEDICAL OFFICER

The Chief Medical Officer for each tournament will be appointed by the Tournament Director.

The Chief Medical Officer must meet at least one of the following standards:

- Medical Doctor.
- Certified athletic therapist.
- Physiotherapist with a valid first responder certificate.
- Emergency Response Nurse.
- Certified Paramedic.

The medical team must have at least one person per combat area. The Chief Medical Officer will provide all necessary first aid equipment except ice; which will be provided by the Tournament Director.

WEIGH-IN OFFICIALS

The Weigh in Officials for each tournament will be appointed by the Tournament Director.

The duties of the weigh in officials are covered in “weigh-in procedure” later in this document (pg. 13).

COACHES

The coach:

- Is responsible for his/her athlete’s conduct from entering the tournament venue until leaving it; before and after each contest.
- Must sit in the coaching chair provided throughout the match and not coach from anywhere else in the tournament venue.
- May communicate with his/her athlete throughout the duration of the match.
- May offer the athlete tactical advice, encouragement, instructions in unexpected situations, such as injury, etc.
- Must vacate the coaches’ chair upon completion of the match.

The coach must refrain from:

- Commenting on or criticizing the referee’s calls.
- Demanding correction of the referee’s decisions.
- Any kind of behaviour showing disrespect to the opponent, referees, officials, opponent’s coach, his own athlete, or the general public.
- Coaches wishing to check their athlete’s draw sheet do so in a timely manner that does not interfere with the table officials’ operation of a combat surface.

MEMBERSHIP

There will be no Judo Ontario registration at tournament venues. Competitors must have registered with Judo Ontario prior to the tournament date.

- It is the tournament director's responsibility to confirm all competitors' eligibility to compete as it pertains to membership.
- Judo Ontario sanctioned tournaments are only open to full-membership, registered competitors in good standing with Judo Ontario or another Provincial/Territorial Association recognized by Judo Canada, or an IJF recognized association.
- The competitor or parent/guardian must produce, upon request, proof of membership and proof of date of birth.
- Neither the competitor, dojosu/instructor nor parent/guardian of a competitor can sign a waiver permitting their participation in the absence of proof of membership.
- Judo Ontario will provide the tournament director a current J.O. membership list the Friday before the scheduled tournament date.
- A member undergoing disciplinary action may not participate in any tournament in any capacity.

CODE OF CONDUCT

- Judo Canada Code of Conduct, Discipline Procedure and Coaching Code of Ethics will be enforced in all tournaments. Available at www.judocanada.ca .

ALCOHOL AND DRUGS

- No alcoholic beverages or illicit drugs or are permitted on the premises of any judo tournament.
- No athlete, referee, official or coach may use or be under the influence of alcoholic beverages or illicit/performance-enhancing drugs during any judo tournament.

AWARDS AND PRIZES

- No monetary prizes of any kind may be awarded at any Judo Ontario tournament.
- Medal winners must attend the medal ceremony in their judogi or an official judo uniform or tracksuit.

HYGIENE

- The judogi shall be clean, dry and without unpleasant odor.
- The nails of the feet and hands shall be cut short.
- Long hair must be bound with an elastic band (no metal).
- Hard objects worn on the body such as spectacles, watches and jewelry, etc. are prohibited in competition.
- Make up and strong scents are not allowed.
- Competitors must wear shoes or sandals while not on the mat.

DRESS

- At CLUB–A tournaments, the Tournament Director must have a *sokuteiki* available for judogi control.
- Judogis must adhere to Judo Canada/IJF sizing.
- The first competitor called to the mat will be the “white” competitor. The second will be “blue”.

Competitors:

Club–A Tournaments.

Competitors must have one of the following:

1. A white judogi, plus one white and one blue properly fitted belt.
2. One white and one blue judogi secured with a belt of their appropriate rank colour.
3. One white/blue reversible judogi secured with a belt of their appropriate rank colour.

In addition:

- A female competitor is required to wear a plain white short-sleeved, round-necked T-shirt under her judogi.
- A male competitor may not wear a T-shirt under his judogi.
- No head covering of any kind is allowed when competing.
- Any athlete not conforming to the above dress code will be asked to change or will forfeit the match.

Club–B Tournaments.

- It is recommended that all competitors have a white judogi plus one white and one blue properly fitted belt. However, at CLUB–B tournaments this rule may not be strictly enforced to give all competitors the opportunity to compete.
- A female athlete is required to wear a T-shirt (preferably white) under her judogi.
- No head covering of any kind is allowed when competing.

Referees

- Referees will wear the current Judo Ontario referees’ uniform unless the host tournament organizing committee supplies an alternate uniform, e.g. a golf shirt in place of the standard white shirt, jacket and tie.
- No head covering of any kind is allowed when refereeing.
- Referees must be members in good standing with their judo federation.

Coaches

- Coaches must be dressed appropriately.
- It is recommended that coaches wear a club shirt, T-shirt and/or club tracksuit while coaching.
- No head covering of any kind is allowed when coaching.

MINIMUM RANK

- Participation in a sanctioned tournament is restricted to competitors holding a rank of **yellow belt** and above. **There is to be no white belt participation.**
- The only exception to the rule above is that white belts, U12 & U10, may compete in *ne waza* competitions so long as they compete against white belts only. If necessary using the 15% weight rule, the white belts may be grouped in a *ne waza* competition format with the younger age group—U10.

SPLIT BELTS

- A competitor holding a split rank will be considered as the lower rank when creating divisions.

WEIGH-IN PROCEDURE

- Photography or filming is not permitted in the weigh-in area. This includes the use of mobile phones and other devices.
- The Weigh-in Official or designate must attend the weigh-in to ensure accurate weight measurement and recording.
- There must be separate male and female weigh-in facilities.
- Male weigh-ins must be conducted by male officials and female weigh-ins conducted by female officials.
- The official scales must be available to the competitors one hour prior to the start of the official weigh-in.
- The athlete shall weigh-in wearing only underclothing (men/boys – underpants, women/girls – underpants and bra). Any socks, jewellery or body piercings must be removed.
- Each athlete shall bring proof of membership with Judo Ontario or with a Judo Canada recognized organization, proof of age (birth certificate) and the registration form issued by the host.
- The official weigh-in should end a minimum of one hour prior to the start of the division. It is understood however, that from time to time exceptional circumstances, such as inclement weather causing a delay in competitor arrival, may require the weigh-in period to be extended.
- It is recommended that all competitors U12 and below are accompanied to the weigh-in by a coach, parent or guardian.
- Contestant's weight must be within the lower and upper limits of the class for which he/she is registered, except for the lightest weight and heaviest weight divisions.
- Where appropriate, the lightest and heaviest divisions may be split to conform to the 15% weight rule. See below, page 14.
- For all divisions U14 and below the maximum weight difference between the lightest and heaviest competitor must not be greater than 15% of the lightest competitor.
- At tournaments where competitors are pre-registered, any competitor who does not show up at the weigh-in will be disqualified. It is at the Tournament Director's discretion whether a refund will be given or not.
- For masters' age divisions: in case two weight classes are combined, the contestant must weigh within the lower limit of the lower weight class and the upper limit of the higher weight class.

REMOVAL OF CLOTHING

- A competitor may remove clothing to make weight according to his/her own level of modesty subject to the following restrictions:
- In the cadet age category (U18) and younger, athletes are not allowed to remove their underclothing (boys—underpants, girls—underpants and bra). To compensate, an additional 100 grams will be allowed, i.e. for the category -44 kg, the limit will be 44.1 kg.
- The **Weigh-in Official(s)** must not recommend a competitor remove any clothing to make weight beyond that of judo pants and a T-shirt.
- The **coach** must not recommend a competitor remove any clothing to make weight beyond that of judo pants and a T-shirt.
- Athletes U21 and older are allowed to remove their underclothing – without stepping off the scales - to ensure they reach the minimum or the maximum weight limit of the weight category in which they are entered

RECORDING WEIGHTS

- The official weight must be recorded on the entry/registration form.
- The exact weight of the contestants, including heavy weights, must be entered on the weigh-in sheet, together with the signatures and initials of the weigh-in official. “+100” etc., is not an acceptable recorded weight.
- If electronic scales are used, the required accuracy is up to 100 grams (the first decimal digit after kilogram reading). If the display shows more digits, these must be covered by non-transparent tape.

DIVIDING LOWEST AND HIGHEST DIVISIONS (EXCEPT FOR OPEN WEIGHT DIVISIONS)

- Where the maximum weight difference between the lightest and heaviest competitor is more than 15% of the lightest competitor, the division will be split into appropriate weight groupings.

COMBINING DIVISIONS

- Where three competitors or fewer appear in a division, the Draw Master, after consultation with the Tournament Director, has the option of combining divisions. When combining divisions, the following rules apply:

GENDER

- Mixed gender competitions are allowed for U8, U10, U12 and kata only.

AGE (U16 and below)

- The maximum age range is two calendar years. For example; competitors born in the first year of U12 may compete against competitors born in the second year of U14 .

WEIGHT

- The maximum weight difference between the lightest and heaviest competitor is not more than 15% of the lightest competitor.

RANK

- There must be no greater than one rank difference between competitors of any age in a combined division for green belt and under.
- There must be no greater than two ranks difference between competitors in a combined division for U14 and U16.
- U18, U21, Seniors and Masters, green belt and above, may be fully integrated.
- A competitor holding a split rank will be considered as the lower rank when creating divisions.

SIGNED CONSENT

- A competitor, or parent/guardian if the competitor is under eighteen, must consent in writing to the combining of his/her division.
- A coach cannot consent to the combining of a division on behalf of his/her competitor.

RULE-SET

- Combined divisions will be contested according to the rule-set of the lowest rank/age competitor.

DRAW SHEETS

- Draw sheets must clearly identify the rule restrictions as above.
- Draw sheets must clearly identify that this is not a standard division.

CHIEF OFFICIAL APPROVAL

- The Chief Official must approve in writing any combined divisions.

SAME DAY MULTIPLE DIVISIONS

- Participants in that tournament are allowed to compete in a second division taking place on the same day providing that the second division is scheduled in a separate block of the event and at discretion of the tournament director.
- **In addition**, a competitor born 2001 or earlier may **also** compete in the open weight division.
- A competitor may **also** compete in a team event.
- When the number of competitors in any division (any age) are only two, competitors in that division are allowed to compete in another division taking place on the same day providing all other NSO/PSO rules are followed.

TEAM EVENTS

- The Team event model described below is consistent with the IJF standards for senior competitors. Parallel principles should be used when team events for younger age groups are conducted.

- Each team will consist of 5 (five) competitors (for Men as well as for Women).

Note: the masculine gender used in relation to any physical person shall, unless there is a specific provision to the contrary, be understood as including the feminine gender.

- Each bout in a team event must determine a winner (Golden Score rule applies for U16 and older age groups. If for any reason each team is composed of an even number of athletes and there is an equal number of wins and an equal number of scoring points, a random draw will be made after a suitable rest period and one couple will refight a golden score contest where the first score or first penalty of any kind decides the winning team.

Note: This extra match uses the GS rule which is not used in the JC or JO clauses.

Weight Categories

Men	Women
• up to and including 66Kg	• up to and including 52 Kg
• over 66 Kg up to and including 73 Kg	• over 52 Kg up to and including 57 Kg
• over 73 Kg up to and including 81 Kg	• over 57 Kg up to and including 63 Kg
• over 81 Kg up to and including 90 Kg	• over 63 Kg up to and including 70 Kg
• over 90 Kg up to and including 100 Kg	• over 70 Kg up to and including 78 Kg

- The team contests will be fought in the order above. Each competitor is entitled to fight in their own weight category or in the next higher category. A reserve is allowed for each weight category. A team consists of 5 (five) competitors and has the possibility to have up to 5 (five) reserves. A team must consist of a minimum 3 (three) competitors.

COMPOSITION OF THE TEAMS

- Before each round the team leader must present to the Tournament Director the composition of his team.

At each round he has the right to replace one or several competitors by other competitors of the corresponding weight category or of the next lower category.

NOTE!

Hybrid team compositions are allowed in promotional or developmental events. i.e. A club championships may use a 5-competitor format composed of 2 females and 3 males or vice versa; however, gender specificity, age and weight standard regulations as specified in this document must be applied in all sanctioned judo events.

COMBAT SURFACE SIZE

- For all Club-A and Club-B tournaments, the NSO combat surface regulations apply.
- The recommended size of the competition area is 8m x 8m with a three (3) meter outside safety zone and four (4) meters between adjacent combat areas.
- At a minimum, the size of the competition area is 7m x 7m with a three meter outside safety zone and three (3) meters between adjacent combat areas.

- For competition between children U16 and younger, the combat area may be reduced to 6m x 6m. The safety zone remains three (3) meters all around.
- For competition between children U14 and younger, the minimum combat area may be reduced to 5m x 5m. The safety zone remains three (3) meters all around.
- The safety zone may be reduced to two (2) meters providing that the rules are adapted to make the competition safe. This adaptation may only be applied to skill competitions for children or Ne Waza (ground fighting) competitions.

CHOKES AND ARMLOCKS

- Chokes and armlocks are not allowed in any competition for ranks below green belt of any age.
- Chokes are permitted for competitors U16+, green belt and higher.
- Chokes and armlocks are permitted for competitors U18+, green belt and higher.

REST PERIODS

- Rest between matches will be at a minimum; double the time of the maximum length of the match for a given age group. (Please note that if competing in more than one division, there is no guaranteed rest period between matches in different divisions).

VISUALLY IMPAIRED COMPETITORS

- When a visually impaired competitor enters judo tournaments for able bodied athletes, and he/she does not consent to compete as per the able-bodied judo regulations, the regulations for a visually impaired judo tournament will automatically apply.
- If the able-bodied competitor does not wish to consent to compete against the visually impaired competitor according to the modified regulations, the visually impaired judoka wins by *fusengachi*.

COMPUTER TOURNAMENT MANAGEMENT SYSTEM

- JudoShiai is a new (to Ontario) management system that is available to all tournament directors. It can be used for all or part of a tournament but works best with pre-registration. Contact Judo Ontario for copies of this program

AGE CATEGORIES

2018-2019 SEASON

As per the IJF regulations, age refers to the age as of December 31st 2019, the second year of the competitive season.

For the 2018-2019 competitive season, the ages are listed below.

U8	Born 2012 or later
U10	Born 2010-2011
U12	Born 2008-2009
U14	Born 2006-2007
U16	Born 2004-2005
U18	Born 2002, 2003 and 2004
U21	Born 99,00,01,02,03,04
Seniors	Born 2004 or earlier
Masters	Born 1989 or earlier

FAIR PLAY RULES: THIS IS THE RECOMMENDED BUT NOT MANDATORY FORMAT FOR ALL U10 & U12 DIVISIONS

- Match time: 1 ½-2 minutes for U10 2 minutes for U12
- No Golden Score.
- Stop time employed.
- Round robin format with a maximum of 5 players per draw sheet. Draw sheets can be downloaded from www.AsahiScore.com, www.judoontario.ca.
- As the match progresses the referee scores the points as normal. The computer gives a numeric value to the traditional judo scoring as follows. These points are tallied on the screen automatically.

Ippon	10 points
Waza-ari	7 points
Yuko	3 points

The winner of the match is determined in the following manner:

- The player with the highest numeric total is the winner.

I	W	Y	I	W	Y
2	1	2	1	2	1
		33			27

- If at the end of the match the numeric scores are tied, *Hantei* (flags).
- An automatic “*Matte*,” is called after an *ippon* throw. Players are stood up, returned to their starting positions and “*Hajime*,” is called. *Ippon* throws **cannot** be followed with *osaekomi*.
In keeping with LTAD, this “Matte” is specifically designed to give the receiver of the ippon throw a moment to recover his composure before competition resumes, as well as for the referee to assess if the player is able to or should continue. See the Mercy Rule, pg. 18.
- In the case of *osaewaza*, a tap-out is awarded an *ippon*. Players are stood up, returned to their starting positions and “*Hajime*,” is called.
- *Osaewaza* at the end of a match is allowed to continue beyond the 2-minute match time until either *ippon* is declared, the mercy rule comes in to effect, or the *osaewaza* is broken.
- A player may win the match by accumulating a higher numeric point total with lesser traditional scores.

I	W	Y	I	W	Y
0	3	0	1	0	0
		21			10

- “*Waza-ari awasete ippon*” will not be used. *Waza-ari* scores will not be combined but will just be counted as two *waza-aris*.

- **Winner declared:**

1. When time runs out, the competitor with the highest score is declared the winner.
2. Play stops and a winner awarded when one competitor achieves a 30-point lead over his/her opponent. **PLEASE NOTE** that this does **NOT** mean that the first player to reach 30 points is the winner.

Mercy rule:

- **Clear and profound mismatch in abilities.** Should the refereeing team decide there is a clear and profound mismatch in abilities between the competitors, the referee may, after consulting with the judges, stop the match with less than a 30-point spread and award the match to the competitor with the highest score at that point.
- **Application of penalties:** Shidos will be applied as normal. At shido 4, *hansoku make*, the match ends and the other player is announced the winner.
- When recording the wins on the draw sheet, the numeric scores are **not** recorded; only the wins are counted.
- The winner of the round robin pool will be determined by number of wins. If two competitors are tied in wins, the winner of their match will receive the higher placing. If there are three or more competitors with the same number of wins, a new round robin pool will be created with these competitors only.

FAIR PLAY NE WAZA RULES

In addition to the Fair Play rules listed above, the following rules will be implemented for ne waza only competitions.

- Competitors will begin in the center of the mat in a high-kneel position.
- Competitors will take a neutral grip on their opponent.
- No Kata Gatame allowed.
- No chokes or armlocks allowed.
- Upon an “*Ippon*” score, *matte* is called, and the competitors are returned to their starting positions and “*Hajime*,” is called.

FOR ALL FAIR PLAY DIVISIONS, IT IS RECOMMENDED BUT NOT MANDATORY THAT THE *ASAHIScore* PROGRAM BE USED AT ALL TOURNAMENTS. THIS FREE PROGRAM MAY BE FOUND ON THE JUDO ONTARIO WEBSITE UNDER “POLICIES AND PROCEDURES →SANCTIONING”, OR AT WWW.ASAHIScore.COM

U8 MIXED GENDER: (Tournament Director may create separate Boys & Girls divisions.)

Per the LTAD Model, it is recommended that all participants receive an award at the end of the presentation.

No Shiai competition is allowed for this age group. Skills demonstrations ONLY.

Skills demonstrations should include:

- Fundamental movement skills.
- Breakfalls in all directions and to the left and right side.
- Ne waza holds and escapes in at least two directions.
- Tachi waza:

During the demonstration of throwing techniques, the grip is allowed only at the front of the judogi, except when a hip throwing technique is demonstrated.

- Randori:

Demonstrations may include randori starting in Tachi Waza for judoka who earned at least a yellow belt.

This randori is not judged but is a part of the demonstration.

Demonstrations may include randori starting in Ne waza for judoka who are white belts.

NOTE: If randori is a part of the demonstration, participants must be matched by size; genders may be mixed. The randori demonstration does not require a tournament size tatami.

The following additional actions and technique are prohibited per the NSO regulations.
1) Grip over or around the neck, with or without the judogi.
2) All drop down techniques, which start on one or both knees
3) Tani otoshi
4) Makikomi technique (soto, harai, uchi-mata, hane)
5) Sacrifice techniques (no sutemi technique)
6) Sankaku waza (Triangulation techniques)
7) All attacks below the belt

SEE PAGE 26 FOR ILLUSTRATIONS OF LEGAL AND ILLEGAL GRIPS

U10 MIXED GENDER: (Tournament Director may create separate boys & girls divisions.)

**THE RECOMMENDED FORMAT FOR THIS DIVISION IS THE JUDO ONTARIO
FAIRPLAY SYSTEM**

Minimum Rank Yellow belt, Maximum Rank Orange belt.
1½ - 2 minute matches. No golden score.
Grip only to the front of the judogi is mandatory except when attempting a hip throw.
White judogi plus 1 properly-sized White belt & 1 properly-sized Blue belt
No chokes. No armlocks.
Up to and including 20kg
+20 kg up to and including 23 kg
+23 kg up to and including 26 kg
+26 kg up to and including 29 kg
+29 kg up to and including 32 kg
+32 kg up to and including 35 kg
+35 kg up to and including 38 kg
+38 kg up to and including 41 kg
+41 kg up to and including 44 kg
+44 kg up to and including 48 kg
+48 kg
The following additional actions and technique are prohibited* per the NSO regulations.
1) Grip over or around the neck, with or without the judogi.**
2) All drop down techniques, which start on one or both knees
3) Tani otoshi
4) Makikomi techniques (soto, harai, uchi-mata, hane)
5) Sacrifice techniques
6) Sankaku waza (Triangulation techniques)
7) All attacks below the belt

*If an injury occurs as a result of a prohibited technique or of an attempt, a match “hansoku-make” will be called.

** SEE PAGE 26 FOR ILLUSTRATIONS OF LEGAL AND ILLEGAL GRIPS

U12 MIXED GENDER: (Tournament Director may create separate boys & girls divisions.)

THE RECOMMENDED FORMAT FOR THIS DIVISION IS THE JUDO ONTARIO FAIRPLAY SYSTEM

Rank Categories: 1) Yellow belt & Orange belt.

2) Green belt & up.

2-minute matches. No golden score.

Grip only to the front of the judogi is mandatory except when attempting a hip throw.

White judogi plus 1 properly-sized White belt & 1 properly-sized Blue belt

No chokes. No armlocks.

Up to and including 25kg

+25 kg up to and including 27 kg

+27 kg up to and including 30 kg

+30 kg up to and including 33 kg

+33 kg up to and including 36 kg

+36 kg up to and including 39 kg

+39 kg up to and including 42 kg

+42 kg up to and including 45 kg

+ 45kg up to and including 50 kg

+ 50kg up to and including 55 kg

+55 kg

The following additional actions and technique are prohibited* per the NSO regulations.

1) Grip over or around the neck, with or without the judogi.**

2) All drop down techniques, which start on one or both knees

3) Tani otoshi

4) Makikomi techniques (soto, harai, uchi-mata, hane)

5) Sacrifice techniques

6) Sankaku waza (Triangulation techniques)

7) All attacks below the belt

*If an injury occurs as a result of a prohibited technique or of an attempt, a match "hansoku-make" will be called.

** SEE PAGE 26 FOR ILLUSTRATIONS OF LEGAL AND ILLEGAL GRIPS

U14: MEN AND WOMEN

MEN	WOMEN
Rank Categories: 1) Yellow belt & Orange belt. 2) Green belt & up.	Rank Categories: 1) Yellow belt & Orange belt. 2) Green belt & up.
3-minute matches. No golden score.	3-minute matches. No golden score.
No chokes. No armlocks.	No chokes. No armlocks.
Up to and including 34 kg	Up to and including 32 kg
+34 kg up to and including 38 kg	+32 kg up to and including 36 kg
+38 kg up to and including 42 kg	+36 kg up to and including 40 kg
+42 kg up to and including 46 kg	+40 kg up to and including 44 kg
+46 kg up to and including 50 kg	+44 kg up to and including 48 kg
+50 kg up to and including 55 kg	+48 kg up to and including 52 kg
+55 kg up to and including 60 kg	+52 kg up to and including 57 kg
+60 kg up to and including 66 kg	+57 kg up to and including 63 kg
+66 kg	+63 kg
The following additional actions and technique are prohibited* per NSO regulations.	
1) Grip over or around the neck, with or without the judogi.**	
2) All drop down techniques, which start on one or both knees	
3) Makikomi techniques (soto, harai, uchi-mata, hane) for Yellow and Orange belts	
4) Sacrifice techniques for Yellow and Orange belts	
5) Sankaku waza (Triangulation techniques)	
6) All attacks below the belt	

*If an injury occurs as a result of a prohibited technique or of an attempt, a match “hansoku-make” will be called.

** See Judo Canada Sanctioning Policy and Tournament Standards page 40 for allowable grips.

** SEE PAGE 26 FOR ILLUSTRATIONS OF LEGAL AND ILLEGAL GRIPS

U16: MEN AND WOMEN

MEN	WOMEN
Rank Categories: 1) Yellow belt & Orange belt. 2) Green belt & up.	Rank Categories: 1) Yellow belt & Orange belt. 2) Green belt & up.
3-minute matches. Golden score.	3-minute matches. Golden score.
Chokes permitted green belt & up. No armlocks.	Chokes permitted green belt & up. No armlocks.
Up to and including 38 kg	Up to and including 36 kg
+38 kg up to and including 42 kg	+36 kg up to and including 40 kg
+42 kg up to and including 46 kg	+40 kg up to and including 44 kg
+46 kg up to and including 50 kg	+44 kg up to and including 48 kg
+50 kg up to and including 55 kg	+48 kg up to and including 52 kg
+55 kg up to and including 60 kg	+52 kg up to and including 57 kg
+60 kg up to and including 66 kg	+57 kg up to and including 63 kg
+66 kg up to and including 73 kg	+63 kg up to and including 70 kg
+73 kg	+70kg

U18: MEN AND WOMEN

MEN	WOMEN
Rank Categories: 1) Yellow belt & Orange belt. 2) Green belt & up.	Rank Categories: 1) Yellow belt & Orange belt. 2) Green belt & up.
4-minute matches. Golden score.	4-minute matches. Golden score.
Chokes and armlocks permitted green belt & up.	Chokes and armlocks permitted green belt & up.
Up to and including 46 kg	Up to and including 40kg
+46 kg up to and including 50 kg	+40 kg up to and including 44 kg
+50 kg up to and including 55 kg	+44 kg up to and including 48 kg
+55 kg up to and including 60 kg	+48 kg up to and including 52 kg
+60 kg up to and including 66 kg	+52 kg up to and including 57 kg
+66 kg up to and including 73 kg	+57 kg up to and including 63 kg
+73 kg up to and including 81 kg	+63 kg up to and including 70 kg
+81 kg up to and including 90 kg	+70 kg
+90 kg	

U21: MEN AND WOMEN

MEN	WOMEN
Rank Categories: 1) Yellow belt to Green belt. 2) Blue belt & up.	Rank Categories: 1) Yellow belt to Green belt. 2) Blue belt & up.
4-minute matches. Golden score.	4-minute matches. Golden score.
Chokes and armlocks permitted green belt & up.	Chokes and armlocks permitted green belt & up.
Up to and including 55 kg	Up to and including 44 kg
+55 kg and up to and including 60 kg	+44 kg up to and including 48 kg
+60 kg and up to and including 66 kg	+48 kg up to and including 52 kg
+66 kg and up to and including 73 kg	+52 kg up to and including 57 kg
+73 kg and up to and including 81 kg	+57 kg up to and including 63 kg
+81 kg and up to and including 90 kg	+63 kg up to and including 70 kg
+90 kg and u to and including 100 kg	+70 kg up to and including 78 kg
+100 kg	+78 kg

SENIORS: MEN AND WOMEN

MEN	WOMEN
Rank Categories: 1) Yellow belt to Green belt. 2) Blue belt & up.	Rank Categories: 1) Yellow belt to Green belt. 2) Blue belt & up.
5-minute matches. Golden score.	4-minute matches. Golden score.
Chokes and armlocks permitted green belt & up.	Chokes and armlocks permitted green belt & up.
+55 kg up to and including 60 kg	+44 kg up to and including 48 kg
+60 kg up to and including 66 kg	+48 kg up to and including 52 kg
+66 kg up to and including 73 kg	+52 kg up to and including 57 kg
+73 kg up to and including 81 kg	+57 kg up to and including 63 kg
+81 kg up to and including 90 kg	+63 kg up to and including 70 kg
+90 kg up to and including 100 kg	+70 kg up to and including 78 kg
+100 kg	+78 kg

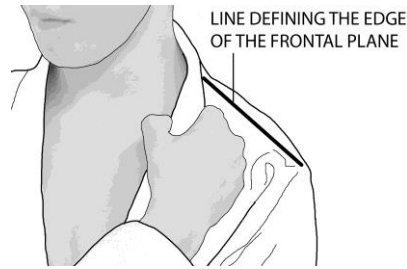
MASTERS: MEN AND WOMEN

MEN	WOMEN
30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-65 (Age categories may be combined to a maximum of a 10-year difference).	30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-65 (Age categories may be combined to a maximum of a 10- year difference).
Rank Categories: 1) Yellow belt to Green belt. 2) Blue belt & up.	Rank Categories: 1) Yellow belt to Green belt. 2) Blue belt & up.
3-minute matches. Golden score. 60+ 2-minute matches. 1-minute Golden Score.	3-minute matches. Golden score. 60+ 2-minute matches. 1-minute Golden Score.
Chokes and armlocks permitted green belt & up.	Chokes and armlocks permitted green belt & up.
Up to and including 60 kg	Up to and including 48 kg
+60 kg up to and including 66 kg	+48 kg up to and including 52 kg
+66 kg up to and including 73 kg	+52 kg up to and including 57 kg
+73 kg up to and including 81 kg	+57 kg up to and including 63 kg
+81 kg up to and including 90 kg	+63 kg up to and including 70 kg
+90 kg up to and including 100 kg	+70 kg up to and including 78 kg
+100 kg	+78 kg

LEGAL AND ILLEGAL GRIPS FOR U8, U10 AND U12

Grip on the front of the judogi

While Tori faces Uke and applies a traditional Kumi-kata, the hand cannot fully pass beyond the frontal plane of motion of Uke.



1. Examples of allowed grips for U12 and younger children.

	<p>Left: Classical lapel grip</p> <p>Right: High lapel grip—the hand and wrist do not fully cross the frontal plane of the partner's body</p>	
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2. Allowed grips if followed by immediate and continuous attack.

	<p>Left: Around the shoulder</p> <p>Right: Gripping the belt or close to the belt</p>	
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3. Grips not allowed for children U14 and younger

	<p>Left: Tori's hand has fully crossed the frontal plane of Uke's body</p> <p>Right: A head lock</p>	
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