



875 Morningside Avenue, Suite 2040, Toronto ON M1C 0C7

Tel: (416) 447-5836 ☐ Toll-Free: 1-866-553-5836 ☐ info@judoontario.ca ☐ www.judoontario.ca

April 1<sup>st</sup>, 2019

Dear Athlete,

This letter is for Ontario athletes who have met the criteria set out in the Athletes' Handbook for selection on the Provincial Team. Your spot on Team Ontario is tentative and pending review by the High Performance Committee to confirm that you have met all the requirements.

**Important Information**

- 1. All Athletes must update/add their emergency contact information and citizenship in their Judo Ontario online profiles BEFORE completing online registration and payment.**
- 2. ALL registrations and payment must be completed IN ONE SESSION online. Please ensure that travel, banquet and camp options are on your registration before proceeding to pay. Any refunds if eligible will be determined after all costs are reconciled after the Nationals.**

Your Management team is as follows:

James Millar  
Leandro Cunha  
Steven Sheffield  
Heather West

As a member of the Provincial Team representing Ontario at the upcoming National Judo Championships in Edmonton, Alberta on May 16-19, 2019 and the National Training Camp on May 20-22 you will need the information and documents provided in this package.

Athletes interested in the **Veterans or Kata** competition at Nationals can only do this by being on the Provincial Team and must also follow the process outlined below.

Please find attached documents you will need, including a copy of the Technical Package. The following must be filled out, signed and provided to Judo Ontario no later than **April 12<sup>th</sup> 2019**.

1. Judo Canada Release and Waiver
2. Medical Summary Form
3. Judo Ontario Team Membership Agreement
4. Judo Ontario Athlete Information Form
5. Early bloomer form if required

The online submission option is Mandatory see the "Ontario Team Selection" section on the JO website or use this link:

<https://www.judoontario.ca/events/event/nationals-2019>

Athletes are required to submit the Athlete registration online by Friday April 12<sup>th</sup> 2019. We require athletes to have the completed forms into the Provincial office, April 12<sup>th</sup> in an envelope (please print athlete's name on front) **OR** email to [Heather62west@gmail.com](mailto:Heather62west@gmail.com) and [info@judoontario.ca](mailto:info@judoontario.ca).

**You can book your own travel and accommodations. You must ensure that you abide by the requirements in the technical package.**

Judo Ontario will be booking flights and residence for athletes again this year. Those athletes traveling with Judo Ontario are **required** to select the Banquet. Due to the size of the team and the complicity of booking so many athletes for flights we will give options for the athletes to choose from the options are as follows:



Option A	<ul style="list-style-type: none"> <li>• Flights Depart Thursday May 16th return Flight Monday May 20th</li> <li>• Accommodations at the University Residences with Judo Ontario</li> <li>• Estimated price with one division and banquet \$1,100</li> <li>• Double occupancy, track suit extra</li> </ul>
Option B – includes National Camp	<ul style="list-style-type: none"> <li>• Flights Depart Thursday May 16th return Flight Wednesday May 22nd</li> <li>• Accommodations at the University Residences with Judo Ontario</li> <li>• Estimated price with one division and banquet \$1,200</li> <li>• Double occupancy, track suit extra</li> </ul>
Option C	<ul style="list-style-type: none"> <li>• No Flights, No accommodation</li> <li>• Pay entrance fees, banquet, or Track suit</li> </ul>
Option D	<ul style="list-style-type: none"> <li>• Flights Depart Wednesday May 15th return Flight Monday May 20th</li> <li>• Accommodations at the University Residences with Judo Ontario</li> <li>• Estimated price with one division and banquet \$1,150</li> <li>• Double occupancy, track suit extra</li> </ul>
Option E includes National camp	<ul style="list-style-type: none"> <li>• Flights Depart Wednesday May 15th return Flight Wednesday May 22th</li> <li>• Accommodations at the University Residences with Judo Ontario</li> <li>• Estimated price with one division and banquet \$1,250 for 7 nights</li> <li>• Double occupancy, track suit extra</li> </ul>

*\*Prices do not include Kata competition or 3<sup>rd</sup> division*

Judo Ontario would like to book flights and accommodations as soon as possible. You must have completed your online requests ON or BEFORE Friday **April 12<sup>th</sup>**, if you are requesting Judo Ontario to book your flights, INCLUDING completion of on-line payment. Options for departures are Toronto, Ottawa, and Thunder Bay, please specify when registering.

Ontario Team members are required to be at all team trainings, meetings, practices and events. Team arrival at the Championships commences on Thursday morning, **May 18<sup>th</sup>** or Wednesday May 17<sup>th</sup> for those doing ne-waza or Kata. There will be a mandatory Ontario Team training, exact time and place to be confirmed.

Athletes that decide not to travel or stay with Judo Ontario must abide by the requirements in the technical package. **NOTE\*\*\* Athletes not staying at residences provided in technical package will be charged \$300.00**

**\*\*\* This is not Judo Ontario Policy this is in the Judo Canada Technical package\*\*\***

Judo Ontario requires athletes to pay online please ensure that you complete **ALL** arrangements through one session. You **MUST** register online by Friday **April 12<sup>th</sup>** for any flights being book through Judo Ontario. Any requests after this date will be on a best efforts basis and subject to additional fees. Failure to register online by the due date will put the athlete at risk of not being on the same flight. Any changes to requests after April 12th will result in a \$50.00 administration fee and potentially additional costs based on the feasibility of arrangements. If an injury, sickness, etc. occurs after April 12th that requires cancellation of flights a fee of \$250.00 will be charged to the athlete.



875 Morningside Avenue, Suite 2040, Toronto ON M1C 0C7

Tel: (416) 447-5836 ☐ Toll-Free: 1-866-553-5836 ☐ info@judoontario.ca ☐ www.judoontario.ca

### The costs associated with this event are as follows:

#### Tournament Registration:

One Division **\$115**

Second division **\$60**

(Please see early bloomer clause on Technical package to see if you are eligible for 2<sup>nd</sup> division.)

#### Kata Registration:

**\$115** per athlete (**\$230** per team);

second Kata **\$60** per athlete (**\$120** per team)

#### Banquet: **\$60**

#### National Camp: **\$60**

**Note: This camp is mandatory for Quest for Gold recipients and encouraged for all athletes.**

**Late fee: \$50** (applies to online submission received or weight division changes made after **April 12<sup>th</sup>**)

#### Estimated Room Cost per night per athlete:

**\$ 45** per person based on double occupancy

**\$ 70** per person based on single occupancy

**Flight costs (Return): \$650** depending upon departure city

**Estimated Transportation from airport to residence (round trip): \$ 50**

**Estimated Total: \$1200-\$1400 per athlete**

**Track Suits:** Dependent upon what the athlete orders and cost is in addition to any estimates above see the documents on the website.

Athletes must wear the Ontario Team tracksuit in the stands and to receive any award at Nationals.

Please mark off Sunday, April 28<sup>th</sup>, 2019 for a Provincial Team training to be held at Tora Judo Club, 1295 Williams Parkway, Brampton.

You will need your Judo Canada membership card and picture ID or Nationals.

The coaching team this year includes James Millar and, Leandro Cunha Please state on your Athlete registration online whether you will need mat-side coaching by a provincial coach.

Reminder of important dates:

- **Friday April 12<sup>th</sup> - Online registration form is due**
- **Friday April 12<sup>th</sup> - Paper forms due – soft copy is acceptable**

**Personal Coaches wishing to coach their athletes at Nationals must send an email to heather62west@gmail.com with your Club name, NCCP number and level order to have your name submitted to Judo Canada for accreditation. If you do not send an email your name will NOT be submitted to Judo Canada**

If you have any questions, please feel free to send them to the Ontario Team Managers, Steve Sheffield, at [info@judoontario.ca](mailto:info@judoontario.ca) or Heather West at [heather62west@gmail.com](mailto:heather62west@gmail.com). If necessary, your question will be directed to another member of the Team Ontario staff.

We hope that Team Ontario will be present in force both on the mat and in the stands. Coaches are representing Judo Ontario and expected to demonstrate this by wearing their Judo Ontario apparel. Everyone is encouraged to attend all events at the Championships and to cheer proudly for your team.

Congratulations on your selection and good luck at the National Championships!

Very sincerely

Judo Ontario